

# Fruit Salad

This colourful non-fiction book is written at the A level and uses colour words for the different fruits. It is especially useful in the language and health areas of the curriculum.

**High Frequency Words:** the, is,

## **Suggested Ideas and Activities**

- Sort food into the four food groups
- Investigate different fruits for similarities and differences.
- Make fruit salad as a class
- Graph students' favourite fruit
- Discuss nutrition and food groups
- Visit an apple farm
- Record and illustrate the life cycle of an apple
- Sort local and imported fruit according to the climates they grow in
- Taste different fruits and categorize by sweet and sour
- Write and illustrate a class book about fruit
- Complete individual circle books or flip books, using a simple pattern (e.g. "I eat apples", "I like pears").
- Make fruit print designs at the painting centre
- Create riddles using a simple pattern

## **Suggested Readings:**

***Picking Apples*** by Susan Burroughs: A Porcupine Book (Curriculum Plus)

***The Apple Tree*** by Claude Belanger (Curriculum Plus)

***Eating the Alphabet: Fruits & Vegetables from A to Z*** by Lois Ehlert

***Fruit*** (First Discovery Books) by Pascale De Bourgoing, Gallimard Jeunesse and P. M. Valet

***A Fruit Is a Suitcase for Seeds*** by Jean Richards

***Oliver's Fruit Salad*** by Vivian French