

# MAKING ROTI

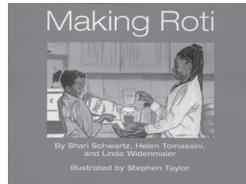
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Set 4 – 98 words

## Building Anticipation – Setting the Context

Bring in some roti to share with the children (see recipe on reproducible master).



Invite the children to use their senses (sight, smell, touch, and taste) to check out the roti. Brainstorm with the children to create a list of ingredients they think they would need to make their own roti.

Save this list.

Discuss things the children bake with their family and list their responses on chart paper (e.g., I make raisin cookies with my Grandma. Joshua).

Introduce the book and guide the children through a book-walk. Before they start reading, focus the children's attention on strategies they can use when they come to an unknown word.

## Discussion – Book Talk

What reading strategy did you use when you came to an unknown word?

Consult the list of ingredients created before reading the story. Compare the ingredients on this list with the ingredients mentioned in the story. Discuss the kinds of bread the children like to eat. What is each person's favorite kind of bread?

## Creative Response – Independent Practice

Children can:

- with close supervision, make roti using the recipe on the reproducible master.
- draw a picture of one of their own experiences cooking with a member of their family.
- write a funny story about something that went terribly wrong when they were cooking with a family member.

## Read-Aloud Connection

*Mmm, Cookie* by Robert Munsch. Scholastic Canada, 2000.

- Christopher makes pretend cookies from clay and goes in search of someone to eat them. Yuck!

*Bread, Bread, Bread* by Ann Morris and Ken Heyman. Lothrop, Lee & Shepard, 1989.

- Photographs of various kinds of bread from all over the world.

Learning About Language - Focused Teaching		
High Frequency Words	will, Thank, make, Make, going, And, Will	Practice writing words that need reviewing on an erasable board.
Letters and Letter Clusters	<i>M</i> — Mom, Make <i>m</i> — mix, make <i>r</i> — roti, roll <i>Th</i> — Thank <i>th</i> — this, the <i>x</i> — mix	Write the letter <i>m</i> in the air with a finger while saying the sound.
Rhymes and Word Families	make, take, lake, cake, bake roll, toll, stroll	Use movable letters to put together and take apart these and other words containing the rime <i>ake</i> .
Word Endings	<i>ed</i> — cooked <i>er</i> — water, dinner <i>ing</i> — helping, going	Locate the words “water” and “dinner” in the book.

# How to Make Roti

## Ingredients

500 mL whole wheat flour  
2 mL salt  
175 mL water

## Method

1. Mix whole wheat flour, salt, and water to form a stiff dough. Add a little more water if necessary.
2. Knead the dough for 6 to 8 minutes or until it is smooth.
3. Let the dough rest for half an hour.
4. Divide the dough into pieces about the size of a golf ball. Roll into balls. Flatten into patties and roll out to make discs about 20 cm in diameter. Use plenty of flour to prevent them from sticking. Pat each patty between your hands and slap it into a very hot cast iron frying pan or onto a griddle.
5. Fry the patties one at a time until brown spots appear on the dough (about one minute on each side).
6. Remove from the griddle and brush with butter before eating.